



INAAP Monthly News & Updates October 2019

Letter from the President

As you will see from information included in this newsletter, your INAAP membership has never had more to offer. From unique (FREE) CME events to grant opportunities. From advocacy training and rallies to help establishing Reach Out and Read in your practice. INAAP has something for everyone!

I encourage you to take advantage of what our chapter has to offer, and to reach out to me if you have questions about how to maximize your membership or how to get started. One of the great joys of this position has been meeting members across the state and getting them connected with our amazing network of pediatricians, pediatric nurse practitioners, sub-specialists, and medical students. If I haven't met you yet at one of our events, I look forward to doing so soon!



Free Dinner and CME Event at Topgolf! LAST CALL - RSVP TODAY

Tuesday, October 29, 2019
Topgolf, 9200 E. 116th St., Fishers, IN 46037

5:30-7:30 Dinner and CME Program
7:30-9:30 Socializing and Golf



Join us on October 29th for a unique CME opportunity. Hosted at Topgolf in Fishers. This event will combine education and fun! This program is intended for: Physicians, Medical Students, Residents, Nurse Practitioners, Physician Assistants, and Pharmacists. Dinner and golf is included, and there is no cost to you!

Featured Speakers Include:

Darron Brown, MD

Professor of Medicine, Indiana University School of Medicine

Dr. Brown, who played an integral role in development of the current HPV vaccine, is at the forefront of HPV research focusing on natural history of HPV infection, viral transmission, immunologic response, and oncogenesis.

Monica Kasting, PhD

Associate Professor, Department of Public Health, Purdue University

Dr. Kasting will discuss best practice strategies for recommending the HPV vaccine.

This event is sponsored by the organizations below, and will bring together primary care providers for a wide variety of backgrounds.

Though the event is free, registration is required. You can RSVP using the button below!

[Topgolf CME Event RSVP](#)



Update: Lung Injury Associated with use of Vaping Products

By now everyone has heard of the widespread lung injury cases linked to vaping. As of October 15, 2019, 1,479 confirmed and probable lung injury cases associated with



use of e-cigarette or vaping products were reported by [49 states \(all except Alaska\), the District of Columbia, and the U.S. Virgin Islands.](#)

There have been 33 confirmed deaths, with 3 of those deaths happening in Indiana. To stay up to date on Indiana specific information, use this [link](#).

Among 849 patients with information on substances used in vaping products in the 3 months prior to symptom onset:

- 78% reported using THC-containing products, with or without nicotine-containing products;
- 31% reported exclusive use of THC-containing products;
- 58% reported using nicotine-containing products, with or without THC-containing products; and
- 10% reported exclusive use of nicotine-containing products.

Among 1,358 patients with data on age and sex:

- 70% of patients are male.
- 79% of patients are under 35 years old.
- The median age of patients is 23 years, and ages range from 13 to 75 years old.
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ISDH has a new [website](#) that offers resources on vaping for providers, families, and schools. I encourage all of our pediatricians to spend some time on this site to help provide patients and families with the tools they need to help quit the use of e-cigarettes.

INAAP Legislative Preview Event December 5, 2019

RSVP Today!

Join us on December 5th for our annual Legislative Preview event. This year we will discuss what to expect during the 2020 legislative session, and will also discuss specific pediatric initiatives we are hoping to address through the legislature.

We are pleased to announce that Representative Rita Fleming (pictured right) will be a special guest at the event. Rep. Fleming is an OB/GYN that represents District 71 in Southern Indiana. Rep. Fleming will be able to give us her perspective on the upcoming session and help us understand what we can do to move pediatric initiatives forward in our state.



The event will take place on December 5th at Connor Prairie Interactive History Center in Fishers, Indiana. The event will start with food and drinks at 7:00 pm. The event is free to INAAP members, but RSVP is required. You can register using the button below.

[INAAP Legislative Preview Event Registration](#)

Labor of Love Infant Mortality Summit Early Bird Registration Ends October 31st

The 2019 Labor of Love Summit will be held on Wednesday, December 11, 2019 at the LW Marriott in downtown Indianapolis.

The focus on Labor of Love is to find ways to



Labor of Love
Helping Indiana Reduce Infant Death

reduce Indiana's infant mortality rate and help reach Governor Holcomb's goal of having the lowest infant mortality rate in the midwest by 2024.

You can find the full agenda and registration information for the summit using the link below.

Labor of Love is a product of the Indiana State Department of Health in cooperation with other organizations.

Labor of Love Information

Register Today for the 2020 AAP Legislative Conference April 5-7, 2020, Washington, DC



Register now for the 2020 American Academy of Pediatrics Legislative Conference, April 5 - 7, in Washington, DC!

As we enter an election year, it is a critical time to be speaking up for children in our nation's capital. It is up to us to ensure that children's health is a top priority for our elected leaders.

Each year, the conference brings together pediatricians, pediatric trainees and medical students from across the country who share a passion for child health advocacy.

Participants attend advocacy skills-building workshops, hear from distinguished guest speakers, learn about policy priorities impacting children and go to Capitol Hill to urge Congress to support strong child health policies.

The conference will also feature a Pediatric Subspecialty Advocacy Track with specific legislative and skills building workshops uniquely focused on the interests and needs of pediatric medical subspecialists and surgical specialists.

You can register and find additional information using the button below.

Reach Out and Read Updates from Madison Criswell

New Research of Interest: Parent-Toddler Social Reciprocity During Reading from Electronic Tablets vs Print Books



A new [study](#) published in JAMA Pediatrics compares non-verbal indicators of parent-toddler social reciprocity during reading of tablet-based vs print-based books. The study hypothesized that reading tablet-based books would be characterized by less interactive behaviors, and the results were supportive of the hypothesis. Commenting on their findings, the authors noted that reading on a tablet “appeared to detract from rich language exchange around the reading activity,” and that toddlers may have difficulty engaging in shared tablet experiences with their parents.

If You Love to Shop at Target, You Can Now Help Reach Out and Read at the Same Time!

Reach Out and Read Indiana is honored and excited to announce that we have been chosen to participate in a special charitable giving campaign, sponsored and funded by Target. You now have the chance to help direct a portion of Target’s donation to us!

Now through January 5, 2020 vote for Reach out and Read Indiana through the Target Circle program to help determine how Target’s donation will be divvied up. You can find out more about Target Circle [here](#).

Make sure to go into our Target Circle account and set your store to one of the following to be able to vote for Reach Out and Read: Naperville, Elkhart, Goshen, Fort Wayne, Kokomo, West Lafayette, Muncie, and South Bend. As you earn more votes (by shopping at target), you can keep voting multiple times during the campaign!
Thank you for your support!

January CME Event Mental Health Resources for Primary Care Physicians January 15, 2020, 5:30 pm Indianapolis Central Library



Access to quality mental health care for children in Indiana is an ongoing concern, and today's pediatricians are asked to manage more behavioral health problems than ever. Many of our INAAP members tell us mental health care is the number one issue they struggle with in their practice.

The **Indiana Behavioral Health Access Program for Youth**, also known as **Be Happy**, is a new program run by The Department of Psychiatry at the Indiana University

School of Medicine. The program offers free telephone consultations with a board certified child and adolescent psychiatrist, community referrals, and educational opportunities related to pediatric mental health and substance use concerns.

Join us on January 15th to learn more about the program, and to get your questions answered. We will have representatives from the program on-hand to help you get started!

The program's mission is to improve access to best-practice pediatric behavioral health care across the state of Indiana by supporting providers in their local communities with guidance from psychiatric specialists. Consultations may focus on assessment and diagnosis, treatment planning, medication management, or other topics pertinent to pediatric behavioral health.

This event will qualify for one hour of CME, and is FREE to all INAAP members. Dinner is also provided. You can use the button below to RSVP today!

January Meeting RSVP

Save the Date: Physician Day at the Statehouse January 28, 2020



Though January may still seem ages away, plans are already being made for our advocacy day at the Statehouse which will take place during next year's legislative session.

For 2020 INAAP will be partnering with the Indiana State Medical Association and other medical specialty associations for one large event that will bring together physicians from a variety of backgrounds and specialties so that we can speak to our legislators with one powerful voice.

Details for the event are still developing, but it will include a training session, lunch with lawmakers, and a chance to meet with elected officials in small groups. The event will take place on January 28th, 2020, and will run from approximately 10:00 am to 1:30 pm.

Mark your calendars now, and stay tuned for more details in future editions of the newsletter!

Support INAAP Through Amazon Smile



Did you know that you can help support INAAP with every purchase you make from Amazon? The Amazon Smile program gives a percentage of every purchase back to participating nonprofit organizations, and those donation can really add up during the holiday season. It's just like using Amazon, but with an added philanthropic benefit. Make sure the purchases you would make anyways this holiday season help support INAAP by using the link below!

[Amazon Smile - INAAP](#)

